

# **NOLIS S. ARKOULAKIS, M.D.**

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## **PROFESSIONAL EXPERIENCE:**

### **Plastic and Reconstructive Surgery Private Practice, July 2003-Present**

JFK Medical Center, Edison, New Jersey  
Associate Attending Surgeon, Division of Plastic Surgery  
Robert Wood Johnson University Hospital, New Brunswick, New Jersey  
Courtesy Staff, Division of Plastic Surgery

## **SURGICAL TRAINING:**

### **Aesthetic and Breast Surgery Fellowship, July 2002-June 2003**

Grotting Plastic Surgery, Birmingham, Alabama  
James C. Grotting, M.D., Director

### **Plastic Surgery Residency, July 2000-June 2002**

University of Rochester Medical Center, Rochester, New York  
Combined Training Program in Plastic Surgery  
Joseph M. Serletti, M.D., Chairman

### **General Surgery Prerequisite Training, July 1997-June 2000**

University of Rochester Medical Center, Rochester, New York  
Combined Training Program in Plastic Surgery  
Seymour I. Schwartz, M.D., Chairman

## **EDUCATION:**

**University of Rochester School of Medicine and Dentistry, M.D., August 1993-May 1997**  
Commendation for Outstanding Academic Performance in the Second Year

**University of Pennsylvania, May 1992-May 1993**  
Post-Baccalaureate Premedical Program

**University of California at Berkeley, August 1991-February 1992**  
Blumberg Fellowship for Graduate Study in the Department of Classics

**Oxford University, Balliol College, M.St. in Literae Humaniores, Sept. 1988-June 1989**

**Princeton University**, A.B. in Classics, *Summa Cum Laude*, Sept. 1984-June 1988  
Phi Beta Kappa  
Atkins Prize for the Best Senior Thesis in the Department of Classics

**The American School of Classical Studies at Athens**, Summer 1989  
Seeger Fellowship for Hellenic Studies

**The Intercollegiate Center for Classical Studies**. Rome, Italy. Jan. 1987-June 1987

## RESEARCH:

### Articles:

Grotting JC, Beckenstein MS, Arkoulakis NS. The Art and Science of Autologous Breast Reconstruction. *The Breast Journal* 2003; 9(5):350-360.

Losee JE, Selber JC, Arkoulakis NS, Serletti JM. The Cleft Lateral Lip Element: Do Traditional Markings Result in Secondary Deformities? *Annals of Plastic Surgery* 2003; 50(6):594-600.

Arkoulakis NS, Angel CL, DuBeshter B, Serletti JM. Reconstruction of an Extensive Vulvectomy Defect Using the Gluteus Maximus Fasciocutaneous V-Y Advancement Flap. *Annals of Plastic Surgery* 2002; 49(1):50-54.

### Book Chapters:

Grotting JC, Buck JB, Arkoulakis NS. Facial Contouring and Limited Incision Rejuvenation. In: Peled IJ, Manders EK, eds. *Esthetic Surgery of the Face*. London: Taylor & Francis, 91-121.

### Presentations:

Arkoulakis NS. A Case of Metastatic Sebaceous Carcinoma

- JFK Medical Center Tumor Conference  
Edison, New Jersey, November 13, 2006

Arkoulakis NS. Body Contouring After Massive Weight Loss

- AORN Chapter 3107 Quarterly Meeting, JFK Medical Center  
Edison, New Jersey, April 26, 2005

Arkoulakis NS. A Case of Incidental DCIS in a Reduction Mammoplasty Specimen

- JFK Medical Center Breast Conference  
Edison, New Jersey, February 3, 2004

Arkoulakis NS. A Case of Dermatofibrosarcoma Protuberans

- JFK Medical Center Tumor Conference  
Edison, New Jersey, October 27, 2003

Grotting JC, Arkoulakis NS. Reconstructive Breast Surgery: Can We Afford to Do It?

- 46<sup>th</sup> Annual Meeting of the Southeastern Society of Plastic and Reconstructive Surgeons  
Palm Beach, Florida, June 4, 2003

Grotting JC, Arkoulakis NS. Plastic Surgery of the Breast: From Early Reconstruction to

Oncoplastic Surgery

- 8<sup>th</sup> Annual Multidisciplinary Symposium on Breast Disease  
Amelia Island, Florida, February 13, 2003

Arkoulakis NS, Core GB, Grotting JC. Complications Following TRAM Surgery

- 19<sup>th</sup> Annual Atlanta Breast Surgery Symposium  
Atlanta, Georgia, January 18, 2003

Grotting JC, Arkoulakis NS. Aesthetic Breast Shaping: Matching the Patient to the Procedure

- Special Topics in Breast Surgery, ASPS 71<sup>st</sup> Annual Scientific Meeting  
San Antonio, Texas, November 6, 2002

Grotting JC, Arkoulakis NS. The Inverted T: Refining the Gold Standard

- PSEF/ASAPS Precision in Breast and Body Contouring Symposium  
San Antonio, Texas, November 2, 2002

Losee JE, Selber JC, Arkoulakis NS, Serletti JM. The Cleft Lateral Lip Element: Do Traditional Markings Result in Secondary Deformities?

- 19<sup>th</sup> Annual Meeting of the Northeastern Society of Plastic Surgeons  
Bermuda, October 4, 2002

Arkoulakis NS, Losee JE, Selber JC, Serletti JM. The Cleft Lateral Lip Element: Do Traditional Markings Result in Secondary Deformities?

- 41<sup>st</sup> Annual ASPS-PSEF Plastic Surgery Senior Residents Conference  
Seattle, Washington, March 21, 2002

Arkoulakis NS, Angel CL, DuBeshter B, Serletti JM. Reconstruction of an Extensive Vulvectomy Defect Using the Gluteus Maximus Fasciocutaneous V-Y Advancement Flap

- 18<sup>th</sup> Annual Meeting of the Northeastern Society of Plastic Surgeons  
Philadelphia, Pennsylvania, October 5, 2001
- Upstate Society of Plastic Surgeons Annual Meeting  
Saratoga Springs, New York, June 2, 2001  
Winner, Resident Paper Competition

**LICENSURE & BOARD STATUS:**

- Licensure: New Jersey (#25MA07507000)  
New York (#211766 inactive)  
Alabama (#24527 inactive)
- Diplomate, American Board of Plastic Surgery (cert # 6679)  
November 13, 2004–December 31, 2014

**PROFESSIONAL SOCIETIES:**

- American Society of Plastic Surgeons, Member
- Northeastern Society of Plastic Surgeons, Member
- New Jersey Society of Plastic Surgeons, Member
- American Society of Reconstructive Microsurgery, Candidate Member